

Asparagus Brown Rice Asian Medley

Makes: 16 servings

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Ingredients	Weight	Measure
Vegetable oil		3 Tbsp
Asparagus cuts and tips, frozen, thawed, drained	3 lb	2 qt
Onions, chopped	11 oz	1 pt
Celery, thinly sliced	8 oz	1 pt
Mushrooms, thinly sliced	10 oz	1 qt
Cooked brown rice	3 lb 4 oz	2 qt
Light soy sauce	5 oz	1/2 cup

Directions

1. Heat oil in large nonstick fry pan or steam-jacketed kettle. Add asparagus, onions, celery, and mushrooms. Cook, stirring, 2 minutes.
2. Add rice and soy sauce. Continue cooking and stirring 2 minutes longer or until thoroughly heated. Serve immediately.